

Enhanced Nutrition, Hydration and Communication in Dementia Intervention (ENHCD:I)

- 1) Are there not already other teams out there who deliver this - for example Dietetics, SLT, etc locally? How is this unique?

Age UK Salford has developed this application to meet a genuine need to support older people living with dementia to Live Well At Home.

The bid combines two areas of expertise within Age UK Salford, Dementia and Nutrition and Hydration, we believe that this is unique for Salford. We are aware that some Nutrition and Hydration work has been delivered in the past but due to capacity issues it is not being provided now and if it is, it is not direct with Dom Care Providers and did not have a training element. We do not believe there has been any dementia specific intervention/training provided with this focus on relationships and communication in Salford to tackle challenges for Dom Care or Care Home Providers.

- 2) Salford Care Org's SLT team have submitted a similar bid this year around promoting dysphagia knowledge to Domiciliary Care staff. There is concern that this duplication suggests a lack of pre-engagement with existing Salford services. Have you confirmed how local services will be engaged in this programme? We can support conversations with the bidders from SLT if desired to explore whether a collaborative, shared bid is an option.

The team have been keen to have conversations with as many people as possible to ensure that this bid is robust and realistic. If successful, we will build on our engagement plan to work with local services and networks. Age UK Salford has previous strong examples of how effective their engagement and partnership work has been, the Greater Manchester Nutrition and Hydration Programme is a great example of this across GM. We have had a conversation with Rosie Mc Allion from SLT on their application, both have agreed that our bids can combine to include the Dysphagia work within the ENHCD:I approach.

3) It is already very difficult to secure capacity for workers out of their day work to attend sessions - how would this risk be mitigated?

The bid has been designed with this challenge in mind and has included this within the project risk assessment.

Risk	Mitigation
<p><i>Providers do not access the interventions</i></p>	<ul style="list-style-type: none"> • <i>Designed a multi-access intervention programme to meet the needs of the diverse providers in Salford.</i> • <i>Initial conversations with network partners around the viability of this approach.</i> • <i>Feedback from a Dom Care Provider on the benefits of small group work.</i> • <i>Included a marketing budget to promote the approach.</i> • <i>Solution focused coaching is the 'carrot' to entice Providers into the wider offer of interventions.</i> • <i>Previous experience of delivering training programmes in Greater Manchester.</i> • <i>Reputation of Age UK Salford, The Greater Manchester Nutrition and Hydration Programme and Empowered Conversations.</i> • <i>Realistic lead in time for engaging with Providers.</i> • <i>Shared the concept of this pilot with Jeff Neil and Paula Gray who both provided positive feedback and encouragement.</i>

- 4) [Staff turnover in this sector is high. How would you sustain this learning in the care organisations?](#)

The team have referenced staff turnover within the bid and included some approaches that we have seen can help to increase confidence, reduce stress and staff turnover. Our work will focus on senior team members with a plan for them to disseminate learning to care staff who are visiting Salford residents. From work within care homes, we know that generally people stay within the sector, so if we provide training and a person leaves, there's a very good chance that they will pop up with another provider and perhaps even support the dissemination of this Approach.

- 5) [What would be the step down/ exit plan for the project if funding was not available to sustain it past the 12 months?](#)

Age UK Salford are keen to provide the sector with as many useful learning materials as possible, e.g. BiteSize Films on YouTube, Toolkits, Printed Materials etc. to support learning and the dissemination of knowledge. If unsuccessful securing further investment in this model, the team have experience of successful exit plans that ensure the continued sharing of information and knowledge.

Additional Information –

The Greater Manchester Nutrition and Hydration Toolkit - <https://www.ageuk.org.uk/bp-assets/globalassets/salford/forms/nutrition-and-hydration-toolkit-2021/final-nutrition-and-hydration-toolkit---a-local-approach.pdf>



Empowered Conversations for Professionals - Empowered Conversations for Pro

Video Link –

An Example of ENHCD: 1 to 1 intervention : <https://youtu.be/7IIWRW5x5s8>