

Health Improvement Support for Hospital Discharge



About the Hospital Discharge Service:

The Health Improvement Team at Salford City Council are here to help you;

1. Discharge your patients more quickly,
2. Help prevent re-admission,
3. Provide post-discharge community-based health and social support to patients via a wealth of readily available services.

The Hospital Discharge service will help you free up your beds for the patients that really need them, by helping to get patients who have delayed stays in hospital due to the below needs home more quickly, and in doing so, reduce your spend on unnecessary hospital stays.

The areas we are able to offer support in to get your patients home include (but are not limited to):

- ✓ Grocery shopping
- ✓ Property cleaning
- ✓ Topping up gas and electric
- ✓ Key cutting
- ✓ Basic home equipment e.g. kettles/ clothes maiden/ bedding etc
- ✓ Clothing

The Health Improvement Team Services that are available to support people once they are back home include (but are not limited to):

- ✓ Dog walking
- ✓ Befriending service
- ✓ Access to groups and activities in your community
- ✓ Good Sleep planning – helpful hints and tips to help you get a more restful night's sleep
- ✓ Nutrition
- ✓ Weight Management
- ✓ Stop smoking
- ✓ Mental Wellness
- ✓ Physical Activity

Don't delay, contact us today, and we'll help you to get your patients home.

Number: **0800 952 1000** (option 2) Lines open 9am to 4.30pm, Monday to Friday

Email: **health.improvement@salford.gov.uk**

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