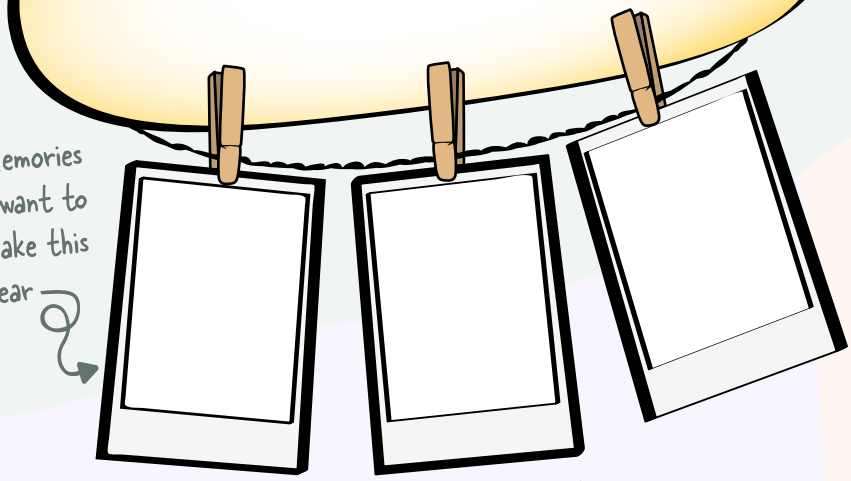
2023 My Visions and Goals

@ThePaedsNurse

word of the year:

Memories I want to make this year



My three main goals:

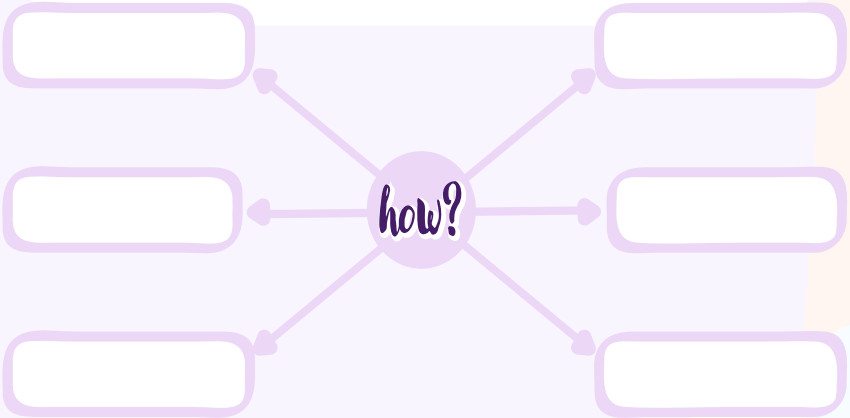
1.
2.
3.

Who do I want to be in 2023?

What do I want to celebrate at the end of 2023?

My one main focus of 2023 is...

How do I want to feel in 2023?



To make it happen, I must believe...

Write an affirmation to follow this year

MIND	CAREER	TRAVEL	LEARNING

HOBBIES	RELATIONSHIPS	BODY	FUN

PLAN YOUR FIRST STEPS:

Today:

Next Week:

Next Month: