

Are your child's vaccinations up to date?

It's important that vaccines are given on time for the best protection, but it's never too late to catch up on missed doses. Check your child's Red Book or contact your GP practice for advice or an appointment.

All school age children should have already received 2 doses of MMR – if they haven't please contact your GP practice or school immunisation team.



For more information about childhood vaccinations search:
NHS GM Winter vaccinations or visit

www.gmintegratedcare.org.uk/winter-vaccinations

If you would like this information in another format or translated into a different language, please email
gmhscp.gm-campaigns@nhs.net.

All information is correct at the time of going to print, August 2025.

Part of Greater Manchester
Integrated Care Partnership

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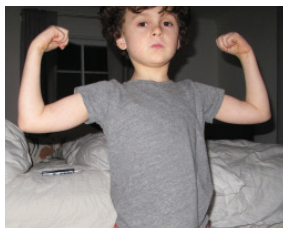


Keep them active

**Vaccines are the best way to
keep you and your family safe**

Keep them *protected* this winter

We are always making sure we are doing our best to keep our children safe and protected. We teach them to look both ways before crossing the road, they learn how to swim, and we make sure they wear their seatbelt.



Keeping them up to date with their vaccines works in the same way. Vaccines are a safe and effective way to protect your child from serious illness.

Why winter vaccines matter

Children can easily catch and spread illnesses, particularly during winter. When it gets colder and we spend more time indoors, illnesses like flu tend to spread more easily.

Flu can be an extremely serious illness even for healthy children. Not just among young children, but older teens as well, it can lead to problems such as bronchitis and pneumonia.

The flu vaccine helps stop your child from getting very sick. If they do catch it, the vaccine can make the illness milder, so they're less likely to go to hospital or miss lots of school. It also helps protect other people, like babies and grandparents, by stopping the flu from spreading.

Flu can change each year, so it's important that even if your child was vaccinated last year, that they are vaccinated again this year.

How will my child get their winter vaccines?

School aged children (from Reception to Year 11) are given the flu vaccine as a quick and painless nasal spray at school. You will receive information from IntraHealth about when your child will be vaccinated and a consent form to complete.

The nasal flu vaccine contains a form of gelatine (porcine gelatine). If you prefer a vaccine without gelatine, an injectable option is available. Make sure you tick this box on your consent form. The flu injection may also be more suitable for children with allergies and other medical conditions.

If your child misses their vaccination at school, you can call IntraHealth on **0333 3583 397** or email contactimms@intrahealth.co.uk to arrange an appointment. Children who are home-schooled should be offered a flu vaccine at a community clinic. Children who are 2–4 years old and have not yet started school, can get the flu vaccine at their GP practice and some pharmacies.

